

# Carry-On

## PACKING LIST

**NOTE:** This is quite a minimalist list so you could probably get away with packing more clothes, but do be mindful of weight restrictions.



### Clothing

- ☐ 3-4 tops, including...
  - ☐ Casual Option
  - ☐ Dressier Option
  - ☐ Warmer Option
- ☐ 3 bottoms, including...
  - ☐ Casual Option (e.g. jeans)
  - ☐ Dressier Option (e.g. skirt)
  - ☐ Leggings
- ☐ 1 cardigan
- ☐ 1 set pyjamas
- ☐ 7 pairs underwear
- ☐ OPTIONAL: 2 bras
- ☐ 7 pairs regular socks (or 1-2 pairs merino wool socks)
- ☐ 1 jacket or coat
- ☐ OPTIONAL: Athletic Outfit
- ☐ OPTIONAL: Dressy Outfit

### Accessories

- ☐ 1 pair comfy shoes
- ☐ OPTIONAL: "Nicer" shoes
- ☐ 1 pair sunglasses
- ☐ 1 day bag (purse/backpack)
- ☐ 1 tote bag
- ☐ OPTIONAL: Swimsuit
- ☐ OPTIONAL: Umbrella

### Important Essentials

- ☐ Passport
- ☐ Cash (in local currency)
- ☐ Passport copies
- ☐ Credit & debit cards
- ☐ Insurance information
- ☐ Wallet
- ☐ Accommodation address
- ☐ Plane/transport tickets
- ☐ Emergency contact info
- ☐ Important phone #s

### Electronics

- ☐ Cellphone
- ☐ Camera
- ☐ Chargers (phone, laptop)
- ☐ Portable charger
- ☐ Noise cancelling headphones

### Miscellaneous

- ☐ Gum/mints
- ☐ Snacks
- ☐ Water Bottle
- ☐ Sewing Kit
- ☐ Travel Journal
- ☐ Pen
- ☐ Prescriptions
- ☐ Band-aids/First Aid Kit

### Toiletries/Beauty

- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Shampoo/conditioner
- ☐ Soap/body wash
- ☐ Face wash
- ☐ Moisturizer
- ☐ Sunscreen
- ☐ Floss
- ☐ Deodorant
- ☐ Hand Sanitizer
- ☐ Hair Brush/Comb
- ☐ Chapstick
- ☐ Contact Lenses/Solution
- ☐ Hair straightener/curler
- ☐ Nail Clippers
- ☐ Razor/Shaving Kit
- ☐ Laundry Bag
- ☐ OPTIONAL: Feminine Hygiene Products
- ☐ OPTIONAL: Makeup
- ☐ OPTIONAL: Bobby pins
- ☐ OPTIONAL: Baby wipes
- ☐ OPTIONAL: Hair Ties